

Traditional Glazed Dreamy Donut

NUTRITION INFORMATION

Serving size: 70g

	Average Quantity per Serving	Average Quantity per 100g
Energy	1000kJ (240Cal)	1440kJ (344Cal)
Protein	4.0g	5.7g
Fat, Total	11.1g	15.9g
- Saturated	5.3g	7.5g
Carbohydrate	30.4g	43.5g
- Sugars	9.2g	13.2g
Sodium	197mg	283mg

Ingredients: **Donut** (Wheat Flour (Wheat Flour, Vitamin (Thiamin)), Water, Donut Base Mix (Wheat Flour, Vegetable Oil (Antioxidant (307)), Sugar, Vegetable Fat (Antioxidant (320)), Milk Solids, Mineral Salts (170, 341, 450, 500, 516), Salt, Emulsifiers (322soy, 471, 472e, 481), Vegetable Gum (412), Soy Flour, Wheat Starch, Dough Conditioners (300, 920), Colour (160a), Enzyme (1100)), Yeast (Emulsifier (491)), **Glaze** (14%) (Sugar, Water, Maltodextrin, Maize Starch, Preservative (202), Vegetable Gum (415), Food Acid (330)), **Vegetable Oil** (Vegetable Oil (Palm), Antifoam (900a), Antioxidant (306 From Soy))

Contains Wheat, Milk, Soy.